



Birth and Beyond
RESOURCES
FOR THE VILLAGE, BY THE VILLAGE.

Crock Pot Recipes

The 'I have a few minutes to cook and I'm craving bacon' Chicken Dish

Place chicken in crock pot

Add 2 packages of cream cheese

Add a can of jalapeno peppers if you're feeling feisty

Add 1 package of ranch seasoning

Slow cook for 6-8 hours

Set alarm for an hour before completion. Bake 1 lb bacon until crispy (best way is to lay out on baking sheet and cook in oven!) Crumble and add to crock pot. Stir as you pull chicken.

All done! You can serve by itself, with a vegetable, on a bun, or in a taco!

Slow cooker pot roast... when you need a homestyle, hearty meal

Peel and cut potatoes and carrots, put in bottom of crock pot.

Add bottom rump roast and can of cream of mushroom soup

Add ranch and italian seasoning packets, you can also add brown gravy packet and water, if desired.

The bigger the meat, the longer you should cook. I find cooking for 10 hours on low is best.

Mexican Monday

Place chicken in crock pot. Add taco seasoning packet, add jar of salsa. Add cream cheese and shredded cheese for a bonus. ½ hour before ready, shred and mix. Cooks 4-5 hours on low.

Because... Mac & Cheese

16 ounces cooked macaroni

16 ounces of each: Monterey Jack cheese, Colby Cheese, Velveeta, all cubed

1 stick of butter, cut into slices

16 ounces milk

salt & pepper, to taste

Spray crockpot lightly with cooking spray. Layer 1/3 of the macaroni in bottom. Layer half of cheese, butter, salt & pepper. Repeat, ending with last 1/3 of macaroni on top. Pour milk over mixture. Cook on low for about 4 hours and stir about mid-way.

You can add meat if you want some protein!

SPAHHHHGHETTI!

Add cut sausage links, 2 finely chopped onions, 3 tbs sugar, 1 tsp dried basil leaves, 1 tsp dried oregano, ½ tsp salt, 2 cloves garlic, minced 1 can (28 oz) diced tomatoes, undrained, 2 cans tomato sauce, 2 cans (6 oz) tomato paste, and a package of spaghetti to crock pot, cook for 6 hours on low